

HeartMath® Certifies that

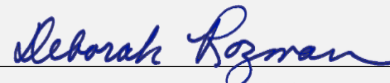
Cortney Shank

has successfully met the standards established in the HeartMath Clinical Certification for Stress, Anxiety and Self-Regulation and in so doing has earned recognition as a

HeartMath® Certified Practitioner

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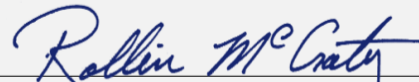
Certificate Number



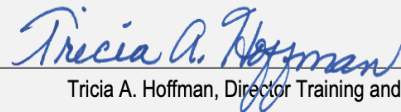
Deborah Rozman, PhD, CEO HeartMath LLC

March 30, 2023

Certification Date



Rollin McCraty, PhD, Director of Research, HeartMath Institute



Tricia A. Hoffman, Director Training and Licensing, HeartMath LLC

